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Boost Your Protection Against Ransomware Attacks with Regular Data Backups



In today's digital age, backing up your devices is critical to ensure the safety and security of your sensitive information. Whether it be your smartphone, tablet or computer, your data is vulnerable to loss from device hardware failures, unintentional deletion or malicious attack if you don't complete proper backups.

Why Backup Your Data?

On average, there is a cybersecurity breach every <u>39 seconds</u> in the United States. Backing up your data helps to protect your important files and personal information from those with unlawful intent. When you back up your data, you're also protecting yourself from potential system failures or human error.

What is the 3-2-1 Rule?

One of the most popular backup methods is the 3-2-1 rule. This method helps to cover all your bases by saving your data multiple times over. Create **three** total backups (one primary and two copies), save your backups to **two** different types of media, and keep **one** backup file in a location off of your device. According to the **US Chamber of Commerce**,

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this method reduces the chances of your data being lost to system failure or ransomware attacks.

How Often Should You Backup Your Devices?

Weekly backups are recommended by the US Chamber of Commerce. If you are backing up business files, ensure there's a schedule in place for any personnel handling data and backups.

For additional security information, you can visit Oak Bank's Security Information on our website.



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